



Covid-19 Preparedness Plan

As of September 1, 2020



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Dear Parents,

We miss our players and parents and we're looking forward to seeing everyone again. We thank you for your patience and understanding as this has been an unexpected and unprecedented time for all of us. Through the guidelines and recommendations from the [ACPHD](#), [CDC](#) and the [State of CA](#), we are all trying our best to navigate, on a daily basis, to provide the best results. Our players miss human interaction and want to return to their usual routine, knowing that it will be very different for some time.

We are happy to announce our reopening plan. Our goal is to implement safety measures and strategy procedures to create a safe environment to resume modified programs. The following plan outlines our procedures for our Socially Distanced No Contact Camps, and 3 Week Camp Pod Procedures, based on the guidelines mentioned above.

This current plan, undated as of Sept. 1, currently meets and/or exceeds all guidelines put in place by the [ACPHD](#), [CDC](#) and the [State of CA](#). The plan conforms to and combines Local, State and Federal health guidelines while including CDC guidance for overall procedures.

Our program format has changed in line with the current guidelines and we have laid out the plan in this document. Getting this information out prior to reopening will educate everyone on the steps we have taken to create the safest environment possible for your family and our coaches. This should help in making the most informed decision about returning.

We look forward to seeing you on the field again,

Jen Giorno
One Village Sports



Updated Format of Programs

Social Distanced, Non-Contact Camps

Many of our exercises will focus on individual technical skill development, done so with respect to social distancing. Rosters will be limited to 12 or less players over a 3 week period or longer. The lay-out of the field will resemble a fitness style class with each player in their own 10 ft area, separated from other players and coach. Our staff will facilitate a 6 foot distance between players. And, coaches will maintain a 6 foot distance from players, parents and staff. Parents and spectators are not permitted to stay near the field. Parents can wait in their car, and/or stay 12 feet away from entire field area. We have updated our regular curriculum as follows:

- No contact during exercises.
- No shared equipment.
- No high fives, handshakes, fist bumps or physical contact between players or between players, and between players and coaches
- Players will remain socially distanced by at least 6 feet
- Coach will remain social distanced from the players
- Players and Coaches must wear masks at all times
- Players must bring their own ball, and other equipment as specified

3 Week Pod, Stable Group Camps

Many of our exercises will focus on individual technical skill development, done so with respect to social distancing. However, stable pod groups of 14 or less players do not have to follow social distancing procedures. Stable groups are 14 or less players over a 3 week period. However, it is important to facilitate a 6 foot distance between players as often as possible. And, coaches must make an

effort to maintain a 6 foot distance from players, parents and staff. Coaches must ensure that they maintain a 6 foot distance with anyone that is not in their own pod, and must ensure that players in their own pod do not come closer than a 10 foot distance to their own pod. We have updated our regular curriculum as follows:

- Limit contact during exercises.
- Limited shared equipment.
- No high fives, handshakes, fist bumps or physical contact between players or between players, and between players and coaches
- Coach will remain social distanced from the players
- Coach will wear a mask at all times.
- We encourage players to wear a mask.

Important Notes and Procedural Changes

1. Anyone with a temperature above 100.4 degrees Fahrenheit, a constant cough, runny nose and/or sneezing will be asked not to enter the field or facility and return home.
2. If you have been diagnosed with or have been in contact with anyone known to be diagnosed with COVID-19 and/or may be showing symptoms, we ask that you please wait **two weeks** from first contact to attend.
3. Only participating players and coaches will be allowed onto the field and/or facility. Parents will be asked to remain outside the field area and/or facility, continuing social distancing protocol as recommended by [ACPHD](#), the State of CA and the CDC.
4. Players must bring their own soccer ball with the player's name clearly marked, and the ball will be sanitized. You will be notified when some locations will have balls provided, and the balls will be cleaned before and after camp.
5. Bathrooms may not be available. If they are, they will be available on an **emergency basis only. Players should use the restroom at home before coming to the field.**
6. Please bring your own sanitized reusable water bottle(s).

7. No other equipment or items will be allowed on the field or into the facility, unless for health reasons (asthma inhaler, EpiPen, insulin, medication, etc.)
8. Only one person (parent/guardian) allowed to accompany students to check-in and pick-up.
9. Parent will not be permitted around the field after check-in. Must maintain social distancing when checking-in, and must wear a mask. After your child is checked-in, the parent must wait away from the field (in the car, or away from the field area and parking lot).

Our scheduling will be flexible concerning quickly changing conditions. If you arrive and cannot complete your program for any of the reasons above, we will gladly credit you to ensure the safety of everyone.

Sanitation Steps and Procedure

Anyone with a temperature above 100.4 degrees Fahrenheit, will be asked not to enter the facility and return home.

Please Complete Steps Below Before Arriving To Field / Facility - All persons

1. Take temperature confirming 100.4 degrees Fahrenheit or below
2. Use the bathroom prior to leaving your home
3. Wash hands for a minimum of 25 seconds
4. Wipe down the soles of shoes with a disinfectant wipe
5. Wash outside of reusable water bottle
6. Adults must wear a mask at all times, Youth must wear a mask during Social Distanced classes.

Upon Arrival: Before Entering Field or Facility

1. Arrive 10 minutes prior to the start of your class
2. Walk up and stand in the line on the designated spots in line.
Temperature will be taken with a no-touch thermometer
3. Parent will be required permitted to leave the field area (wait in car, or away from field and parking lot)

Entrance Procedure

1. Coach will spray player's hands with provided hand sanitizer
2. Coach will spray player's shoe soles and water bottle with disinfectant
3. Enter field or facility at time of class as instructed

Entering Field/Facility

1. Students enter and will be instructed to go to a designated area where they are with their own pod (field of play).
2. Students will have their own area to keep physical/social distancing while being instructed

Exiting Field/Facility after Program

1. Coach will spray, hands, shoes, (ball - if requested to bring) to disinfect
2. Students gather their belongings
3. Students are instructed to exit, one by one to parents at check-out spot.

Equipment will be sanitized in between sessions.

Indoor locations: All doors in the facilities will be open at all times to maximize air flow.

Protocol for Staff

Staff or a Coach with a temperature above 100.4 degrees Fahrenheit, will be asked not to enter the field/facility and return home. Our coaches are committed to providing the highest quality instruction to our players, with safety being our top priority.

Our Staff & Coaches will:

1. Receive proper training on the safety and sanitation procedures
2. Take temperature prior to each shift and have available for all families to view at check-in.
3. Will wear mask at all times
4. Wash hands or sanitize hands between sessions or anytime shared contact may occur
5. Keep a minimum of 6 feet of separation to physical/social distance during programs

Participation and Liability

Given the current circumstances, One Village Sports will be offering our programs to all families that would like to attend and are willing to volunteer to participate. Your attendance is 100% voluntary and families assume all risks involved with attending our programs.

One Village Sports cannot be held liable if you, your child, your family and any associates contract COVID-19 or any communicable disease or virus. We will complete all steps covered in this plan to the best of our ability and will provide a safe environment for players to resume sports related activities. We ask that all families [ACPHD](#), [CDC](#) and the [State of CA](#) guidelines when not with One Village Sports, and with One Village Sports, to help ensure the safety of everyone involved.

All families will be required to sign a waiver releasing One Village Sports and/or the facilities from all COVID-19 liability while acknowledging that participation is at your own risk.

Credit - Participation is Your Choice

If you have a credit with us, we completely understand if you are not yet comfortable participating. Your credit is good for 1 year for any of our programs, starting when CDC and the State of CA lifts Covid 19 social distancing requirements.

Additional Resources for Information for Health and Safety

Alameda County Health Care Services Department

<http://www.acphd.org/media/575305/acphd-covid-19-summer-camp-guidance.pdf>

California Departments of Public Health and Social Services Community Care Licensing Division and the State of California Department of Industrial Relations COVID-19 Updated Guidance: Child Care Programs and Providers

<https://covid19.ca.gov/pdf/guidance-childcare.pdf>

Centers for Disease Control Suggestions for Youth and Summer Camps

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summercamps.html>

For additional Alameda County guidance around childcare and schools on issues visit

<http://www.acphd.org/2019-ncov/resources/childcare-schools-colleges.aspx>

American Camp Association

https://www.acacamps.org/resource-library/coronavirusinformation-camps?utm_source=homepage&utm_medium=click&utm_term=coronavirus

Association of Camp Nursing

https://campnurse.org/wp-content/uploads/2020/04/COVID-19-FAQs_april20.pdf

<https://campnurse.org/education-and-resources/covid-19-considerations-for-camp/>

